

**NATIONAL SERVICE SCHEME UNIT NO: 4**  
**Queen Mary's College (Autonomous), Chennai – 04**

**Report of the activities 2021-2022**

**Programme Officers:**

Dr. S. Vanaja – Department of BCA

Dr. Eswari Ramesh – Department of Economics

Mrs. M. Daya Bhagya Sherin – Department of English

Mrs. C. Mary Reena – Department of English

Dr. P. Murugeswari – Department of Tamil

**NSS REPORT**

National Service Scheme is an educational programme with primary focus on the development of personality of students through community service. The NSS Unit of Queen Mary's College has 250 volunteers. The activities and programmes of NSS Unit of Queen Mary's College aim at the overall development of students. This report briefly outlines the activities conducted on the seven days camp both in the forenoon session and afternoon session at Sivarajapuram and Ayodhiya nagar during the academic year 2021-22.

**Day 1** [16/12/2021]

In the forenoon, NSS Volunteers of QMC college attended an Inauguration session at Ayodhiya Nagar, Triplicane where an orientation was given to the students about the importance of camping activities by Dr.Eswari Ramesh.



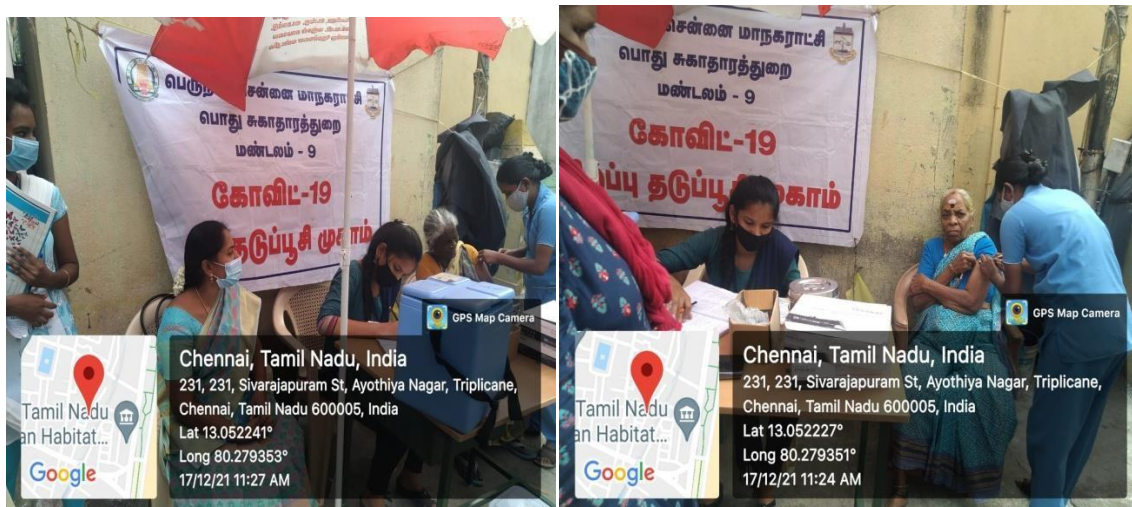
And in the afternoon, students indulged in cleaning the surrounding and took efforts to prepare the place for vaccination camp that was to be held in the following day. As it is first day in NSS Camp students got introduced to each other by working in team.



## Day 2 [17/12/2021]

In day 2, volunteers cleaned and sanitized the place to arrange for the vaccination camp. Vaccination camp was inaugurated by Dr.Vaneeta Agarwal, Coodinator, National Service Scheme, University of Madras. The students collected the statistics of young and aged people, both vaccinated and

unvaccinated peoples, and distributed the kabasura kudineer healthy drink to the common people.

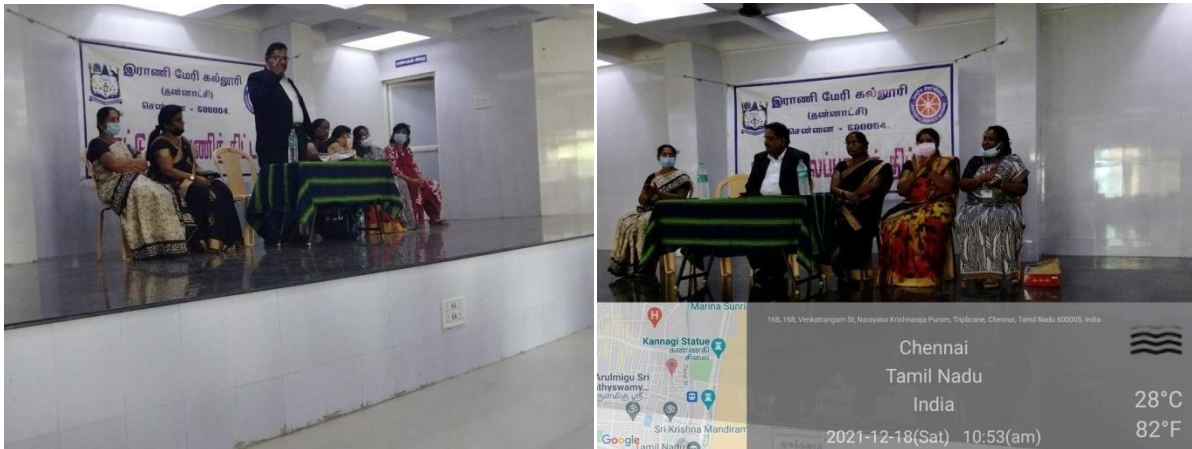


In the afternoon, children who resided around Sivarajapuram were gathered together by our NSS Volunteers, and the children were taught drawing skills and basic education knowledge by the scheme name called “வீடு தேடி வரும் கல்வி”



**Day 3** [18/12/2021]

The NSS unit of Queen Mary's College organised a motivational talk for the NSS volunteers by Shri. C. Kamaraj, IAS, Director of Backward classes. He highlighted on the importance of education for women's empowerment and for the advancement of social justice in the society at Matton kuppam.



The students also engaged themselves in cleaning drive. A Street Play was enacted by the NSS volunteers at Ayothi nagar to create awareness

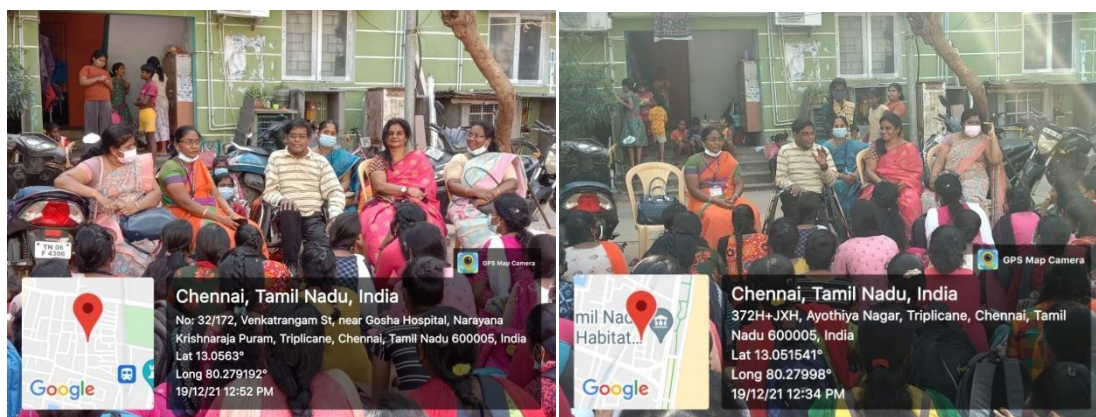
among the residents on how to combat the spread of Corona Virus in the afternoon session.

## Day 4 [19/12/2021]

Every human is responsible for the benevolence and exploitation of natural resources. NSS volunteers got the privilege to plant trees which benefit not only this generation but also the next generation. Students joined together to plant saplings at Sivarajpuram, as a small initiative to plant more trees as a service to the society in the forenoon.



In the afternoon, Chief Guest Mr. Sathyamoorthy, International Wheelchair Tennis Player, motivational speaker, social activist made an invigorating speech on the importance of time management, professionalism, self-discipline and integrity in the process of becoming socially committed citizens. He himself being a champion and fighter in real life motivated the students to overcome hurdles and achieve success against all odds in life.



## Day 5 [20/12/2021]

Mr. Anandhakumar, Founder President of India Turns Pink, (A Breast Cancer Awareness Movement) delivered a highly informative speech to raise awareness among the students about the signs and symptoms of breast cancer and to emphasize the need for early-detection through self-examination. He also gave some valuable suggestions in terms of food and lifestyle that would lower the risk of breast cancer. Students interacted with the expert in the forenoon session.



Special vaccination camp was organised in association with Greater Corporation Chennai at Ayothi nagar, Naadukupam and Neela Bhasha Darga. A cleaning drive at Sivarajanagar and an anti-dengue campaign were initiated among the residents of these places to emphasize on the prevention and control of Dengue.



## Day 6 [21/12/2021]

Women empowerment is also an important factor in nation's wellness and growth. Literate women must help others to build their self confidence and career. Our NSS volunteers attended a lecture by Advocate Mrs.Parvathi, who taught basic law and acts for ladies under the topic

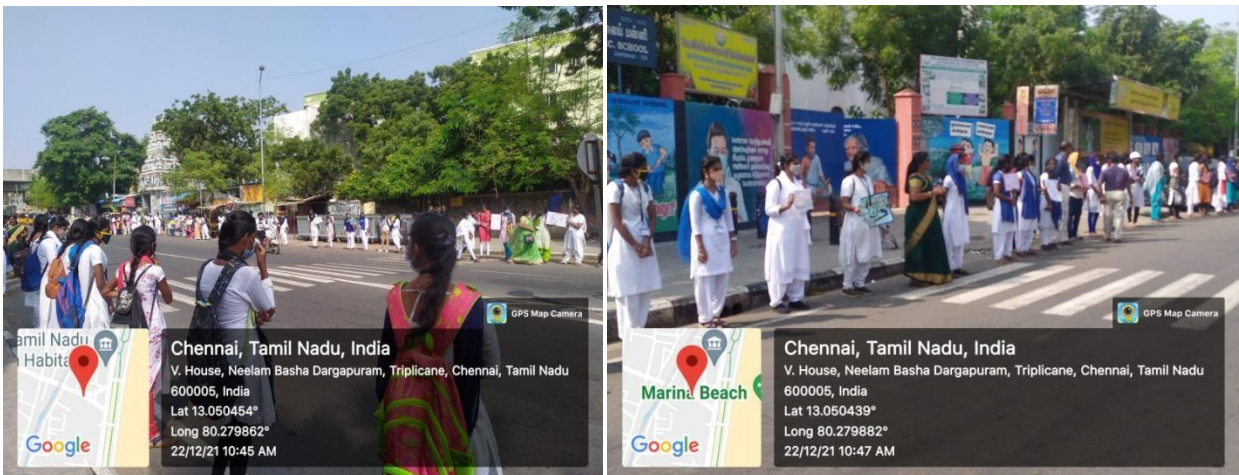
“ககககககககககககககககக கககககக ககக”.



Remember the slogan, “Health is wealth”. A medical camp is conducted to help the needy and poor. A basic health checkup done and medicines were given to them.



A public awareness human chain was organised by the NSS Unit of Queen Mary's College, Chennai to sensitise people to adhere to safety rules while driving in two wheelers, four wheelers and walking on roads. The NSS volunteers made human chain near Lady Willington Model Government School. The volunteers (carrying placards depicting the consequences of rash driving and violation of traffic rules, raised slogans insisting the necessity to follow the traffic rules.



## Day 7<sub>[22/12/21]</sub>

The NSS volunteers cleaned the campus of Lady Willington Model Government School and planted saplings in the campus in the forenoon session. “PLANT MORE BREATHE MORE”



In the afternoon session, a tree sapling was planted by the Principal of Lady Willington School, Chennai. Dr. Arul Kamaraj Loyola College, Social science department gave laughing therapy to ease the stress and tension faced by students in the modern days.



These are the glimpse of our NSS volunteers service extended to the society. We always work with the motto of NSS “NOT ME BUT YOU”.

**\*END OF THE REPORT\***